

Co Design Session Protocol

Overview: List the following

Participants: Mr X & Mr Y & Mr Z (5 in total)

Length: 30minutes – 45 minutes

Location: Craig Street

Materials: Nametag, 3x stickers, worksheets, pens, crayons, pictures + illustrations, glue

Primary Questions:

Roles: Moderator – Mark

Camera – Meilin

Notes - Elvin

SESSION PROTOCOL

Introduction to the session

Hi thanks for joining us today, the topic of our exercises is medicine. We're going to ask you to unwind your mind and dive in to our exercises brain dumping all your thoughts for each step on the worksheets provided. Nothing is too trivial for the record. This fun session will take between 30minutes and 45 minutes and we'll be recording the session for our note taking purposes, please let one of us know if this is a problem. In the middle of the table in front of you are a number of objects that we will instruct to you to use at specific moments. Enjoy Yourself!

Are there any questions before I get started... Then let's go!

| Medical Compliance | | | |
|--|--------------------------------------|------------------|-------------|
| <i>Moderators Script</i> | <i>Purpose</i> | <i>Materials</i> | <i>Time</i> |
| RADAR MAP | | | |
| On the table in front of each of you is a nametag. Pick up a pen and write down your name or nickname and stick it on your chest, as I pass around these sheets. | Warmup | Pens, Name tag | 3 min |
| Take a minute to look at the Radar Map sheet in front of you. Please fill out your name, age and plot on the world map anywhere you've lived in your life. | Gather background info | Pen, worksheet | 3 min |
| Now think of a moment in your life where you had to take medicine on a regular basis and put a brief description beside where it says 'moment' | Participant describes medical moment | Pen, Worksheet | 3 min |
| Everyone look at the radar map, you'll notice that there are 3 zones surrounding you. The red zone represents the objects most important to you, the yellow zone represents those objects least important and the orange zone is somewhere in between. | Moderator describes the method | | 1 min |



| | | | |
|--|--------------------------|-------------|-------|
| (Moderator hands 2 sets of stickers) Place the worded stickers on the radar map into zones that according to your feelings. You don't need to use all of them, and you can only place 2 sticker in the Red zone. | Practicing the method | 1x Stickers | 5min |
| Now take the 2 green dot stickers and place each beside the two subjects that you. do well at | Labelling Most important | 1x stickers | 3 min |
| <p>Note: words on stickers Total treatment period, Mood, Disruption, Medical advice, Good sleep, Exercise, Effort, Result, Time, Frequency, Size, Type of treatment, Procurement, Cost, Side effects, Spouse, Children, Paid helpers</p> | | | |

| Medical Compliance | | | |
|--|---|------------------------------------|-------------|
| <i>Moderators Script</i> | <i>Purpose</i> | <i>Materials</i> | <i>Time</i> |
| APP DASHBOARD | | | |
| <i>Pass around App Dashboard sheet</i> Take a minute to look at the Dashboard sheet in front of you in the same way as before. Please fill out your name, age and plot on the world map anywhere you've lived in your life. | Gather background info | Pen, worksheet | 3 min |
| The aim of this game is to design the function and style of a mobile app that provides you with a record of your medical condition and records your compliance statistics. | Describe exercise | Worksheet | 2 min |
| On the sheet is a series of illustrations of a smartphone. Using the icons and glue provided, stick which function you expect to be on each page of the app. Also use a pen/marker to draw further information or functions of your choice. Use as many screens as you feel necessary. | Moderator describes process of exercise | pen/marker, glue, icons, Worksheet | 15 min |
| Now underneath the illustration, please describe additional thoughts or feelings in the notes section. | Notes explanation | Pen, worksheet | 5 min |
| <p>Note: icons provided date, time, pill appearance, record of compliance, instructions, alarm, camera, medical condition, dosage,</p> | | | |

